

Behaviour Policy

| | |
|----------------|---------------------|
| Review Body | Full Governing Body |
| Author | Vicky Shires |
| Type of Policy | Statutory |
| Review Period | Annual |
| Reviewed | July 2022 |
| Approved by | Full Governing Body |
| Next review | July 2023 |



Contents

| | |
|--|----|
| Aims | 3 |
| Vision Statement | 3 |
| Standards of Behaviour | 3 |
| How we foster positive behaviour relationships | 4 |
| Relationships | 4 |
| Classroom Practice | 5 |
| Emotional Literacy | 6 |
| Language and Responses | 8 |
| Communication and Partnership | 11 |
| Consequences | 11 |
| Offensive language | 16 |
| Sexualised behaviour | 16 |
| Exclusions | 17 |
| Link to other policies | 17 |

Aims

To create an environment which encourages and supports positive behaviour choices.

To encourage consistency of response to behaviour.

To define acceptable standards of behaviour

To ensure that the school's expectations and strategies are widely known and understood.

To encourage the involvement of both home and school in the implementation of this policy.

It is recognised that for some pupils, variance on the procedures outlined in this policy will be made in order to meet any specific social, emotional, learning or other needs which require a personalised approach; approaches can be discussed with the Inclusion leader or member of SLT.

Vision Statement

Our core beliefs are that everybody has:

The right to be respected

The right to be safe

The right to learn

We believe that relationships are the key to ensuring a safe, supportive and engaging learning environment. They are the heart of our behaviour approach. Positive relationships allow us to set secure boundaries and high expectations for our children. We are trauma-informed in our approach and believe that behaviour is form of communication which can hide an underlying need. We connect with children before we correct by responding to the emotion rather than the concerning behaviour. We believe that all feelings are acceptable but not all behaviours. We support children in developing their emotional language from nursery upwards so they can communicate their needs in positive ways.

Standards of Behaviour

We have high expectations for our children at all times whilst recognising that some children have specific needs. Examples of the behaviour we expect from children at Gipsy Hill Federation in and out of the classroom are:

- To be respectful towards others, including the language we use, regardless of difference
- To respect the feelings of others and treat others as you would wish to be treated
- To respect other children's and the school's property
- To work hard and follow instructions

· To behave sensibly around school e.g. move around in a controlled manner, use appropriate language, tone and volume when speaking

Staff proactively model these behaviours and acknowledge and praise children when they showcase these behaviours. It is everyone's responsibility to challenge children when these expectations are not met but equally important to comment positively when they do.

School Values

Each school at the Gipsy Hill Federation have their own set of values which children and staff are expected to uphold. These values are shared and re-enforced through classroom displays, assemblies, reward systems, lessons and everyday interactions. Through our school values children are encouraged to make positive contributions to the school and rewarded when they do so.

How we foster positive behaviour relationships

Relationships

"Every interaction is an intervention." Dr Karen Treisman 2017

In order to be successful at school all children need to build relationships which enable them to feel safe and secure and develop a positive sense of self. We believe the best way to support a child is to build a connection with a staff member. For most children this can be achieved by a simple acknowledgement of the child and the child knowing you have them in mind, care about them and what they are doing. Staff need to be consistent and fair with children (whilst accounting for individual needs) and children should know that the staff member is in control at all times so that they feel safe. Staff should be approachable and there to help. If staff find they are struggling with an individual or group of children they should seek support to make a positive change.

We promote and model positive, nurturing relationships. Children's interactions with adults from the moment they step into the building are positive, respectful and ensure the child feels that they matter. Children who feel valued are much less likely to display inappropriate behaviours.

We develop positive relationships by:

- greeting every child positively in the morning and ensuring we end the day on a positive note
- disapproving of the behaviour, never the child
- getting to know each child individually
- being consistent with children and explaining the reason for consequences

- taking time to check-in with children who may be distrustful of adults or struggle to have a positive view of themselves
- building a shared understanding of expectations and responsibilities.

Classroom Practice

Routines and expectations

To help foster a climate of positive behaviour, children's educational environment needs to be high in both nurture and structure. Children need predictable routines, expectations and responses to behaviour. Class teachers compile a set of class rules with their pupils at the beginning of each year based on the school values. Rules and procedures should:

- be kept to a necessary minimum
- be positively stated, telling the children what to do rather than what not to do
- actively encourage everyone involved to take part in their development
- have a clear rationale, made explicit to all
- be consistently applied and enforced.

The revisiting of our expectations and agreements regularly is vital for them to remain important and relevant. Expectations are communicated orally, visually and written to support children.

Good routines should be in place for:

Start and end of day

Transition times, including between lessons

Independent, partner and group work

Lining up, including assemblies and breaktimes

Getting changed for PE

Moving around the school

Break and Lunchtimes

Transitions between different parts of the lesson and different lessons are well managed, for example, children and young people are given clear warning and opportunities to get ready to move on. Teachers are expected to meet their class and support with transitions around the school building.

A visual timetable is on display in every classroom and regularly referred to throughout the day.

Classroom environment

Adults play a large role in setting the tone of the classroom through the language and behaviours they model. Staff speak in appropriate tones of voice and volume within the classroom. A usual tone would be calm and warm but a firmer tone may be used when appropriate so that children and young people see appropriate firmness being modelled. Behaviours that are expected within the classroom are explicitly named and demonstrated by staff. The language used by the teachers in the classroom suits the developmental needs of the children and young people. Instructions are broken down and understanding is checked by staff members. All staff use communication friendly strategies when instructing, questioning, or explaining to children.

Classrooms are well-organised to support with behaviour. Furniture and seating arrangements, access to resources and classroom displays all have a bearing on the way pupils behave. Displays should be purposeful to support with learning as well as reflect the children in the class so their contributions feel valued.

There is a high level of pupil voice in the classroom. All contributions are valued and acknowledged. Feedback from children is used personalise our classroom environment and to ensure the environment meets the needs of all children.

Learning

Learning tasks can be a trigger for inappropriate behaviours. Lessons are planned to be engaging and appropriately pitched based on thorough assessment. Careful thought is given to differentiation and resources required by children so they can successfully access learning. An element of challenge is planned for all lessons to ensure children don't become bored or disengaged. It is understood that more challenging work can cause children anxiety or concern which impacts on behaviour. Adults mitigate for this by providing a safe base for learners and building up their resilience to challenging work by:

- Achieving success in manageable tasks first
- Breaking the work down into smaller chunks
- Giving children breaks to aid focus and concentration
- Using appropriate scaffolds
- Giving feedback to children on how they were able to succeed

Emotional Literacy

Thinking of a child as behaving badly disposes you to think of punishment. Thinking of a child as

struggling to handle something difficult encourages you to help them through their distress.

Colebourne Primary School.

We understand that behaviour is a form of communication. When we feel frustrated, upset or misunderstood, we can struggle communicate or respond to these feelings which can result in less acceptable behaviours. We do not assume that children and young people understand the language of emotion and therefore explicitly teach children emotional literacy to scaffold their understanding of emotions.

This gives children the tools to manage their feelings and separate feelings and actions to enable thinking to take place between the two. This supports children to take responsibility for themselves and their actions in age appropriate ways as well as reflect on incidents (where behaviour choices that are against our agreed expectations) as an opportunity for learning.

The language of emotion is modelled by staff in the classroom and used with children and young people; for example, I am feeling a bit annoyed today as the traffic was very bad coming into school. We also ensure we refer to emotions in other areas of the curriculum, for example in the books we study for literacy or the people or events we study in history.

We use the following programmes to support children in their understanding of emotions:

Emotion Explorers

6 week umbrella programme to recap and embed social and emotional practices, programmes and processes. This is a whole class intervention, led by the class teacher.

Zones of Regulation

Zones of Regulation is used to teach children self-regulation. It teaches them to use strategies to help them move between emotional states. It provides a common language to support positive mental health. All adults in our schools have received training.

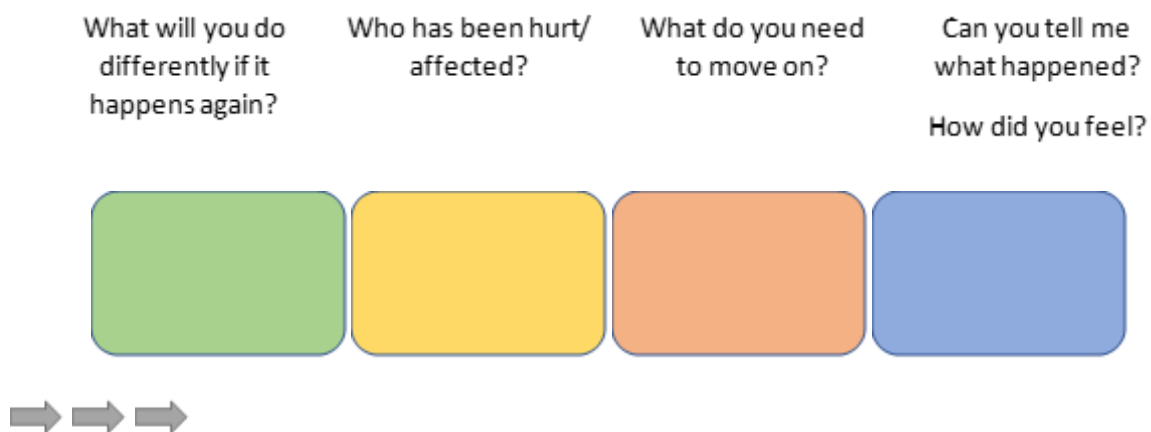
Restorative Approaches

When resolving conflict, a restorative approach is used to facilitate this. In response to conflict, it focuses on the harm that has been caused and ways to repair the harm and restore the relationship. The response and conflict management process involve:

- establishing a respectful rapport

- listening and responding calmly, empathically and without interruption or judgment to all sides of an issue
- inspiring a sense of safety and trust
- encouraging expression of thoughts, feelings and needs appropriately
- appreciating the impact of thoughts, feelings, beliefs and unmet needs on behaviours
- encouraging those involved in the problem to find their own solutions

The language used within these (see below) focuses on each person and what is needed to resolve a situation for all involved:



More specific support for those children who struggle with emotional regulation is available through conversation with SLT or the SENCo.

Language and Responses

When little people are overwhelmed by big emotions, it is our job to share our calm, not join their chaos.

L.R. Knost

We recognise that in supporting any form of behaviour, the language adults use has a significant impact on how children respond. Our priority is always to celebrate children’s positive behaviour choices. Our responses are positively stated, telling the children what to do rather than what not to do. We notice good choices and are explicit in what we see by using descriptive praise:

“Thank you ___ for being ready to listen”

“Thank you ___ for looking this way”

“Thank you ___ for starting your work” etc.

We also do this by giving proximity praise - we praise other children, seated around a child, who are doing the right and required thing.

Criticism should always be constructive and shared in a private matter between teacher and child. Inappropriate behaviours can often occur because of a poor self-image. Negative beliefs can be challenged in a sensitive way. For example: ‘Do you remember the last time we did this and you were able to complete it?’

Aspects of the learner are never identified as the problem. The unacceptable behaviour will be identified and discussed rather than the pupil e.g. “I find throwing a book on the floor unacceptable because...”, rather than “You are very bad because...”.

We understand that every child is unique and therefore our initial response to a situation will be based on our individual knowledge of the child. However, it is useful to have a guiding framework of responses.

Possible Responses to inappropriate behaviours:

Re-focus child

Quiet word

Name the behaviours you need to see - “Everyone should be walking quietly with their hands by their sides.”

Offer of support – “You okay, do you need anything?”

Cue name – “Bob – all okay?”

Nip in the bud: “James, you’re talking and we are working quietly in this lesson.”

Wondering question: “James, I’m wondering if sitting too close to xxx is making it difficult for you to concentrate on your work. Come and sit here where I can help you.”

Distraction/ Redirection: “James – please pop next door and ask Miss if I can borrow a xxx – Thanks.”

Name the need: “You’re very cross because you wanted to go in the ipad group. I can see that is hard. Everyone will get a go this week.”

What do you need options: Learning break; Busy box; learning mentor in class; go and see someone; work in a different place; etc.

| | |
|--|--|
| <p>Examples of attachment aware responses by school adults</p> | <ul style="list-style-type: none"> • All learners being greeted with positivity when they first enter the school building/ classroom • Praise should be specific and/ or based on effort, eg. <i>“Well done for being able to remember the order of calculations.”</i> • Soothing and calming a child in emotional dysregulation • Attunement (meeting the child’s emotional intensity to connect with them in joy or pain) • Cutting the transaction (using playfulness to turn a situation around instead of engaging in conflict) • Containment (ability to stay with child’s intense feeling without deflecting into action, distraction, getting angry) • Use of W, I, N, E (I wonder..., I imagine..., I noticed..., Empathy) • Use of restorative approaches |
| <p>Examples of responses which are not attachment aware</p> | <ul style="list-style-type: none"> • Dismissing a child’s feelings by telling them they are over-reacting, being silly or wrong • Using shaming language or sanctions • Using tokenistic praise • Telling children how they are feeling • Being confrontational with our verbal or body language • Ignoring the child • Using too many words which can overwhelm them • Shouting • Isolating or leaving children on their own when they are distressed • Expecting children to self-regulate by themselves |

Communication and Partnership

Clear communication and a positive partnership with parents/carers are fundamental in promoting positive behaviour. We value parental involvement in all aspects of school life and recognise the importance of a common approach to behaviour expectations. We believe that an effective partnership ensures that children making positive behaviour choices are celebrated both at home and school.

As a general principle where a class teacher has a concern about a child (one off incident or a general concern), they should contact the child's parent(s) to inform them of the concern and discuss what is happening in school. Where the teacher feels additional support or action is required to support a child, they should contact the Inclusion team to discuss this.

In the instance that a child displays high-level behaviour (see below table for reference), parents/carers will be informed by the class teacher on the day. If a child hits the trigger of three incidents of high-level behaviour, the parent/carer will be invited into school for a meeting with the class teacher and a member of the Senior Leadership Team to discuss strategies to move forwards. Provision may include personalised behaviour plans, individual targets and rewards. Where there are concerns regarding a child's behaviour, the school team (class teacher, class support staff, Senior Leadership Team, SENCO, Family Services Officer) will work in partnership to ensure a consistent approach is in place to support the child. Through this internal professional dialogue, school staff will support and challenge each other to ensure appropriate and reasonable provision is in place for the child. Where appropriate, school staff will also work alongside other external agencies, such as the Educational Psychology service or Speech and Language Therapists.

Consequences

We believe that being fair is not about everyone getting the same but everyone getting what they need. We disapprove of the negative behaviour, never the child and always aim to connect first and then address the behaviour. It is important that children understand that there are always consequences to their actions and where possible the consequence should be linked to the action. The table on the following page gives guidance on consequences and follow-up responses where a child continues to present negative behaviours.

In determining consequences, it is important to reflect on and assure ourselves that appropriate pro-active support is in place for the child.

Pro-active support:

- Model positive behaviour e.g., sharing, taking turn etc
- Have a clear and consistent routine for the child and use positive language
- Consistent strategies and responses by all adults
- Any identified specific individual support/provision
- Flexibility in approach based on knowledge of child
- Set clear 'Classroom rules and expectations' that children are reminded to follow.

When reflecting on negative behaviours being displayed, it is important to reflect on the following:

1. When does it happen and how often?
2. How do people respond when behaviour happens?
3. When does the child not behave like this?
4. What is the child trying to communicate?
5. Have I discussed this with parents/ carers?
6. What is home life like? Are there other environmental factors impacting on the child?

The restorative process

Meaningful consequences are an important response to negative behaviours since they ensure that there are clear boundaries in place as well as support for the child to learn from the experience. In using a restorative process with the child to identify meaningful consequences, firm boundaries are established whilst also using a relational response.

The restorative session is where appropriate follow up and repair will be decided. When working with the child, consider what will have the best potential impact on the behaviour not being repeated.

Please note: It is important to take into account a child's age and stage of development. This may therefore mean going outside of the suggested phase.

| Underlying Communication | What this looks like... | Initial Response: Relational | Possible follow up response: Boundaries | Next Steps |
|--|---|--|--|--|
| <p>I don't feel safe</p> <p>I feel sad/ angry/ worried/ tired/ scared</p> <p>I need to escape</p> <p>I feel overwhelmed/ over excited</p> <p>I can't cope with my difficult feelings</p> <p>I need to be in control to feel safe</p> | <p>Low-level</p> <p>EYFS:</p> <ul style="list-style-type: none"> · Persistent disruption e.g., calling out on the carpet · Tantrums · Refusal · Rough and tumble play <p>KS1 & 2:</p> <ul style="list-style-type: none"> · Calling out · Wandering around classroom · Not following instructions · Distracting behaviour, e.g. constant fiddling | <p>Verbal reminders - reset expectations focusing on behaviour you need to see</p> <p>Visual aids</p> <p>Praise other children or child for doing the right thing</p> <p>Give thinking time</p> <p>Reference to Zones of Regulation</p> <p>Eye contact</p> <p>Provide with supportive resources, e.g. fiddle toy, Now, Next, After visual</p> <p>'Time in' with adult to reset expectations</p> <p>Support with learning</p> | <p>Through restorative methods, decide with the child on appropriate action needed e.g. apologise, tidy up etc</p> | <p>Evaluate current provision in place</p> <p>Within class team reflection and discussion</p> <p>Ensure work is appropriately scaffolded</p> <p>Ensure language used is understood</p> |
| <p>I don't understand my learning/ what I need to do</p> <p>I don't have any friends</p> <p>Sensory need (it's too noisy)</p> <p>My body feels busy/fussy, I need sensory feedback</p> | <p>Mid-level</p> <p>EYFS:</p> <ul style="list-style-type: none"> · Physical aggression: Smack/ slap, pinching, pushing · Low level name calling <p>KS1 & 2:</p> <ul style="list-style-type: none"> · Repeated low level behaviours · Play fighting · Name calling · Non-directed swearing · Disruption to learning | <p>Distraction/ Diversion techniques.</p> <p>Use reassuring words 'It's okay'.</p> <p>Calm down time/ area with sensory toys.</p> <p>Calm down time using visual timer.</p> <p>Use of emotion cards to express feelings.</p> <p>Regular Circle time on negative behaviour e.g. kindness, using kind words and kind hands.</p> <p>Saying 'Stop' firmly with hand signal.</p> <p>Restorative session with peer mediator/ adult</p> <p>Use of W, I, N, E (<i>I wonder....; I imagine....; I noticed....; Empathy</i>)</p> | <p>Time 'in' partner class</p> <p>Actioning what was decided during the restorative session, for example:</p> <ul style="list-style-type: none"> - Reception child shows physical aggression: revisit rules on using kind hands using visual aids to support. - Child disrupts lesson: practise quiet working for 5 minutes in class during breaktime. - Children playfight: joining in an adult structured game - Letter of apology - Miss part / whole playtime revisit rules on playtime behaviour | <p>If re-occurring, seek advice from SENCo</p> <p>Send home visual timetable/ parent involvement</p> |

| | | | | |
|--|--|--|---|--|
| | <p>High-level EYFS:</p> <ul style="list-style-type: none"> - Biting - Repeated swearing/ Offensive language. - Physical aggression: Punching, kicking, scratching, breaking and throwing objects, harm to themselves/ others. <p>KS 1 & 2:</p> <ul style="list-style-type: none"> - Leaving classroom without permission - Refusal to complete work - Spitting - Swearing at person/ across class - Offensive name calling - Breaking/ damaging school equipment - Classroom argument - Physical harm to others - Racialised language - Homophobic language | <p>Saying 'Stop' firmly with hand signal, give time to process and then repeat*</p> <p>Use resources to teach what positive behaviour is expected E.g. for biting - mouths are for eating, laughing, smiling etc.</p> <p>'Cut the transaction' method</p> <p>Attunement – meeting the child's emotional intensity to connect with them</p> <p>Containment - ability to stay with child's intense feeling without deflecting into action, distraction, getting angry</p> <p>Tactically ignore/ re-model appropriate use of language</p> <p>Allow child a safe space to calm down</p> <p>Then use restorative approach to jointly decide how to repair, e.g. mending broken items or completing missed work during child's play, apologising</p> <p>Comic strip conversation/ drawing what happened</p> <p><i>*response will be based on individual knowledge of the child. For some children, telling them to stop firmly will be successful in de-escalating, for others it will be time in a safe space</i></p> | <p>Time out in partner class for session</p> <p>Time out in phase/ middle leader class for longer amount of time (e.g. remainder of morning/ afternoon)</p> <p>Morning or lunch play spent with member of SLT</p> <p>Removal of whole school events eg.trips</p> <p>Letter of apology</p> <p>Actioning what was decided during the restorative session, for example:</p> <ul style="list-style-type: none"> - Child leaves class without asking, during break: discuss reasons why dangerous & complete any missed learning - Ripped up work/ refusal to work during a lesson: completing work during their lunch break - Damaging property: child fixes equipment - Child uses racialised/ homophobic language without knowing meaning: teaching session on meaning <p><i>*often the consequence will need to take place during the child's play time. Depending on the seriousness of the incident, this will need to either be with the class teacher or SLT</i></p> | <p>Record incident on Integris</p> <p>Share with parent</p> <p>Seek support from Phase leader / link</p> <p>Discuss with SLT / SENCO as needed</p> <p>Possible internal TAC</p> <p>Do they need any sensory toys? E.g. for biting - do they need a chew toy?</p> <p>Review provision, e.g. does work need further differentiating, movement breaks built into timetable, do they need opportunities to 'connect' with an adult each day?</p> |
|--|--|--|---|--|

| | | | | |
|--|---|---|---|--|
| | <p>Extreme-level EYFS: Repeated / pro-longed biting Repeated behaviour of previous levels</p> <p>KS 1 & 2:</p> <ul style="list-style-type: none"> • Repeated behaviour of previous levels • Significant physical harm to self or others • Bullying • Behaviours that are a danger to self or others • Racist language • Homophobic language | <p>See strategies above</p> <p>Seek support from SLT immediately</p> <p>If behaviours are dangerous to self or others, use of Restrictive Physical Intervention to safe space (<i>please refer to Positive Handling Policy</i>)</p> | <p>Time out with SLT</p> <p>Actioning what was decided during the restorative session, for example:</p> <ul style="list-style-type: none"> • pushed over a table and contents on it: tidying up the table, writing an apology and completing missed learning <p>Possible Internal exclusion</p> <p>Possible External exclusion</p> | <p>Record incident on Integris</p> <p>Share with parent</p> <p>Internal TAC to review provision</p> <p>Possible involvement of external agencies</p> |
|--|---|---|---|--|

Offensive language

All children have the right to be respected and feel safe at school. We foster a culture of acceptance and celebrate differences through our school values, curriculum offer and PSHCE lessons. Our classroom and school environment celebrate our diversity. We understand that the use of discriminatory language based on someone's race, religious belief, gender or sexual orientation can be highly upsetting and take the use of discriminatory or racist language very seriously. We ensure the victim's experience and needs are listened to in these situations. Children who use discriminatory language in school have their assumptions and attitudes challenged and are offered support so that they understand about different races, cultures and faiths. We understand that children are at very different stages of their language development and need to take this into consideration when dealing with discriminatory or racist incidences. Children at an early stage of their language development may mimic or copy language they don't fully understand. This does not diminish the hurt and upset it will have caused the victim or the seriousness of the incident. However, this will be taken into consideration when deciding on the correct support to ensure incidences do not occur again.

Sexualised behaviour

Whilst it is normal for children to exhibit age-appropriate curiosity with regards to their own bodies and physical development, it is essential that clear boundaries are set to protect all children from abuse and to reflect cultural and societal expectations. Where necessary, incidents will be discussed with pupils and information shared with the Designated Safeguarding Leads when appropriate. Where there are concerns due to the nature of sexualised behaviour being displayed (when the behaviour is not age-appropriate, when the behaviour is repeated or when there are incidences of serious sexualised behaviour), this will be shared immediately with the Senior Leadership Team (Designated Safeguarding Leads) and the local authority (social care and other appropriate agencies) will be consulted. If a child discloses inappropriate sexualised behaviour involving other children or adults, it is the legal duty of all members of staff to inform the Senior Leadership Team immediately

(Designated Safeguarding Leads) of the disclosure. The appropriate agencies (social care, Local Authority Designated Officer (LADO), etc.) will be consulted. In these incidences, the safeguarding policy will be followed.

Exclusions

At the Gipsy Hill Federation, we view fixed term and permanent exclusions as a last resort. An Internal Exclusion requires the pupil to be excluded from all contact with classmates during the school day including break times and assemblies and to be supervised by a deputy head or head of the school with the parent or carer formally informed of actions. A student on an internal exclusion will complete work during the school day. On certain occasions (where there has been an escalation in behaviours), a child might be internally excluded to another site and will be supervised by a senior member of staff on another site to complete their work.

An external exclusion requires a pupil to be excluded from the school premises for the duration of the exclusion. This is either a fixed-term exclusion or a permanent exclusion. Parent/Carers are responsible for ensuring that their child is not on in public during an external exclusion. It is the school's statutory duty to report all fixed term and permanent exclusions to the governing body and the local authority. Information regarding school's statutory duties when a student has received a fixed term (external) exclusion or a permanent exclusion are outlined in DfE Exclusion from maintained schools, academies and pupil referral units in England Statutory guidance for those with legal responsibilities in relation to exclusion September 2017

<https://www.gov.uk/government/publications/school-exclusion>).

Internal exclusions wouldn't necessitate a reintegration interview unless it is thought useful. An external exclusion will always be followed by a reintegration interview, involving school, parent/carers and the pupil. A reintegration interview will include discussion about the immediate support the child will receive in the week following the exclusion as well as support and reasonable adjustments to avoid future exclusions. These will be discussed in partnership with the child.

Link to other policies

- Learning & Teaching policy
- Safeguarding (Child Protection) policy

- Positive Handling Policy
- Special Educational Needs Policy
- Special Educational Needs and Disabilities (SEND) Report
- Equalities Policy
- Exclusion policy
- Acceptable Internet Usage Policy
- Confiscation and Search policy
- Anti-Bullying Policy